

## KAILASH MANASAROVAR VIA HELICOPTER - INNER KORA



**Kailash Inner Kora** (Parikrama) is special kora among pilgrimage of Hindu, Bon, Buddhist and Jain. Most popular and one of the hardest Kailash inner Parikrama need some mountaineering experience and equipment. We provide good and experience staffs in mountaineering. This Parikrama involves around 34 km walking journey including **Asthapath, Atmalingam, Saptarishi cave** and **Kuber Kund**. The landscape is entirely made up of rock, crevices, snow and ice. Apart from two small monasteries, no humans live along the inner Kailash region. We will fix basic accommodation, foods and liquid during Kailash inner kora.

**Mount Kailash Inner Kora** (Parikrama) starts and ends at Darchen. On the first day, we will start our hike from Derapuk visiting Kailash Charan Sparsh in the coming days we will explore the Serlung monastery and closer view of Mount Kailash from here. Touch Atmalingam, Saptarishi cave of inner kora and Saptarishi cave. Inner Kailash kora of Nandi Parvat by crossing high pass in between Mount Kailash and Nandi hill called Nandi la and Khandosalgam La, after that we will get back to Darchen by evening. You have the option to take a personal helper to make you **Kailash inner kora** easier and successful. Completing your inner kora at **Kailash** and you can set up again from Derapuk, Kuber Kunda, Mount Kailash Charan Sparsh and reach Zuthulpuk.

### Detail Itinerary

**16<sup>th</sup> July 2020 :- Day 01 :- Arrive in Kathmandu (1300 m) Welcome at the Tribhuvan International Airport. Transfer to Hotel and Overnight (D)**

Our representative will greet you and escort you to the hotel for check-in and stay overnight.  
Dinner at Hotel

Bangalore address:- No.7, 1st Floor, Near IOC Petrol Bunk H.D.Devagowda Main Road, RT Nagar, Bengaluru, 560032 , Email us @ [info@ravelroads.com](mailto:info@ravelroads.com), Ph- +919980011777/ 94828 66922

Chennai address:- No.1, 6<sup>th</sup> Avenue, Behind Canara Bank, Ashok Nagar Chennai - 600083. Email us @ [chennai@ravelroads.com](mailto:chennai@ravelroads.com) +91-9176753213 / 9445588005

**17<sup>th</sup> July 2020 :- Day 02 :- Half day Sightseeing in Kathmandu valley and fly to Nepalgunj. (150m) Overnight at Hotel (B, L, D)**

After breakfast, we drive you for a sightseeing tour in Kathmandu. Visits Pashupatinath temple, Mata Guheswori temple & Budhanilkantha temple which is also known as Jalnarayan, in Lunchtime back to the hotel. After lunch, take 1-hour flight to Nepalgunj, reach in Nepalgunj, Overnight at Hotel

**18<sup>th</sup> July 2020 :- Day 03:- Fly Nepalgunj - Simikot (2910m) and Heli flight from Simikot - Hilsa and reach Taklakot in Tibet (4025m) Overnight at Hotel (B, L, D)**

Simikot is hilly area of Nepal situated in 2910m, gate way for Kailash tour by Helicopter. Early Morning, drive to Nepalgunj airport to fly Simikot with schedule flight which takes 45 minutes to reach Simikot. We continue our journey towards Hilsa with chartered Helicopter. We move forward to reach Taklakot small city of Tibet. Overnight at Hotel.

**19<sup>th</sup> July 2020 :- Day 04:- Rest day at Taklakot. (B, L, D)**

Today is free for acclimatization. We will have some physical exercises in the morning and do some short trek which helps to fit us for Kailash Parikrama and also helps us to acclimatize fast. Overnight at Hotel

**20<sup>th</sup> July 2020 :- Day 05:- Taklakot to Manasarovar (4550m - 2 Hours) Overnight at Guest House (B, L, D)**

After breakfast we start drive to reach one of the holy and beautiful lake "MANSAROVAR" which lies on 4550m Elevation. It is 88 km distance from Taklakot to Manasarover, and will take maximum 2 hours to reach holy lake Manasarovar. We will absorb another popular lake called RAKSHAES Lake, stop there for picture and enjoy the view few minute and continue towards our journey to Lake Manasarover. We check in Guest House at Manasarovar and take lunch. After Lunch we will do Parikrama of Lake Manasarovar by vehicle. Overnight at Guest House.

**21<sup>st</sup> July 2020 :- Day 06:- Manasarovar exploration and drive to Darchen (4575m - 1 Hour) Overnight at Guest House (B, L, D)**

Holy Manasarovar is the lake of compassion, tranquility and bliss. After completing the memorable morning bath and pooja we will be heading for Holy Manasarovar Parikrama by land cruiser with packed lunch and continue drive towards Darchen (Darchen). If time permits, we visit Chui Gompa. Darchen is considered as a base camp for Holy Kailash Parikrama. During the auspicious pilgrimage time, this place will be flooded with pilgrims with hundreds of tents all around. Meals included: Breakfast, Lunch & Dinner. O/N Hotel Kailash.

<b>Bangalore address:- No.7, 1st Floor, Near IOC Petrol Bunk H.D.Devagowda Main Road, RT Nagar, Bengaluru, 560032 , Email us @ <a href="mailto:info@ravelroads.com">info@ravelroads.com</a>, Ph- +919980011777/ 94828 66922</b>	<b>Chennai address:- No.1, 6<sup>th</sup> Avenue, Behind Canara Bank, Ashok Nagar Chennai - 600083. Email us @ <a href="mailto:chennai@ravelroads.com">chennai@ravelroads.com</a> +91-9176753213 / 9445588005</b>
---	---

**22<sup>nd</sup> July 2020 :- Day 07:- Drive Darchen – Tarboche (13 km drive) and trek to Derapuk (12 km trek / 6 – 7 hrs) 4909 m. Overnight at Guest House (B, L, D)**

After breakfast drive to Tarboche – starting point of Kailash Parikrama. Tarboche is also known as outer “Asthapath”. It is one of the exciting days walking along the beautiful rocky cliffs; waterfalls with some clouds in the clear blue sky make you feeling that Great God Shiva is everywhere with tons of blessing to you. Time to time the face of Kailash Parbat will be kept on appearing. For 7 km trail it takes almost 7 hrs. Meals included: Breakfast, Lunch & Dinner. Overnight at Government Hotel.

**23<sup>rd</sup> July 2020 :- Day 08:- Derapuk - Charan Sparsh - Derapuk. (8/9 Hours) Overnight at Guest House in Derapuk (B, L, D)**

Start hiking to Charan Sparsh from North face of Kailash with your guide. You will be at very closed view of Mount Kailash. It is walking whole day over glassier and reach closed view of Mount Kailash. It is part of Kailash Inner Kora. Back to Derapuk for Overnight.

**24<sup>th</sup> July 2020 :- Day 09:- Derapuk – Zuthulpuk (4760 m) (18 km trek / 9-10 hrs) (passing through Dolma-la pass 5,600 m). Overnight at Guest House (B, L, D)**

Today you will be climbing to Drolma-la (Dolma-La 18600 ft) and then descending gradually to Zuthulpuk (4760m). Yamasthal should be crossed to reach the Shiva-sthal while your steps go closer to the pass. Today is the most difficult day of the trek. Once you reach the top, just do the holiest offering and sit down for meditation to forget in eternity. Once your steps go down, Parvati-stal and Gauri Kunda are on the way. By late afternoon you will arrive in Zuthulpuk (the cave of Miracles, the great ascetic Milerappa is supposed to have preformed miracles here). Meals included: Breakfast, Lunch & Dinner.

**OPTION:** Inner Kora Trek –Derapuk – Kuber Kund – Zuthulpuk. Both groups to merge at Zuthulpuk and stay overnight at Zuthulpuk.

**25<sup>th</sup> July 2020 :- Day 10:- Trek back from Zuthulpuk – Darchen (Darchen) (10 km / 4-5 hrs) Overnight at Guest House (B, L, D)**

Morning free time to explore the caves, temples and shrine around Milarepa cave in Zuthulpuk. After walking 3 hours, all the driving crew will be waiting for your arrival. By late afternoon you will be at your lodge in Darchen and rest. Preparation of Kailash Inner Kora from tomorrow. Meals included: Breakfast, Lunch & Dinner

<b>Bangalore address:- No.7, 1st Floor, Near IOC Petrol Bunk H.D.Devagowda Main Road, RT Nagar, Bengaluru, 560032 , Email us @ <a href="mailto:info@ravelroads.com">info@ravelroads.com</a>, Ph- +919980011777/ 94828 66922</b>	<b>Chennai address:- No.1, 6<sup>th</sup> Avenue, Behind Canara Bank, Ashok Nagar Chennai - 600083. Email us @ <a href="mailto:chennai@ravelroads.com">chennai@ravelroads.com</a> +91-9176753213 / 9445588005</b>
---	---

**26<sup>th</sup> July 2020 :- Day 11 :- Start Kailash inner kora. Asthaphath, Saptarishi Cave, Atmalingam. Overnight at Monastery or in Tent in Asthaphath. (B, L, D)**

Hike to Asthaphath, explore Serlung Gumba, Saptarishi cave, Atmalingam and mount Kailash view. You have option to take personal helper from Darchen. Walk back to Asthaphath Serlung Gumpa and drive back to Darchen. Today we will get very simple foods.

**27<sup>th</sup> July 2020 :- Day 12:- Explore Morning View of Kailash and Trek back to Darchen continue drive to Taklakot. Overnight at Hotel (B, L, D)**

Early morning you can explore morning view of Holy Mount Kailash Parbat, You can take Darshan and some snaps over there. We trek back to Darchen and continue drive to Taklakot. Overnight at Hotel.

**28<sup>th</sup> July 2020 :- Day 13:- Taklakot to Hilsa Fly Hilsa - Simikot - Nepalgunj and Kathmandu. Overnight at Hotel (B, L, D)**

Early morning after breakfast fly from Hilsa to Simikot, then continue fly to Nepalgunj. In Nepalgunj, our group can split if any member goes from Nepalgunj to Lucknow, and other members fly to Kathmandu. The evening we will have a short meeting about the whole yatra. Overnight at hotel

**29<sup>th</sup> July 2020 :- Day 14:- Final departure. Drop you to International airport Tour Ends**

We drop to International airport for your final departure to home or will do further trips in Nepal.

### Trip Note

More than 2 night's accommodation and other activities in Kathmandu is extra. in case of delay permit from Tibet and peoples have to wait in Kathmandu, in case of early return from Kailash or any other reason which is not in our hand. Change your flight date for earlier or late date because of those reason, clients have to bear all the expenses self.

Bangalore address:- No.7, 1st Floor, Near IOC Petrol Bunk H.D.Devagowda Main Road, RT Nagar, Bengaluru, 560032 , Email us @ [info@ravelroads.com](mailto:info@ravelroads.com), Ph- +919980011777/ 94828 66922

Chennai address:- No.1, 6<sup>th</sup> Avenue, Behind Canara Bank, Ashok Nagar Chennai - 600083. Email us @ [chennai@ravelroads.com](mailto:chennai@ravelroads.com) +91-9176753213 / 9445588005

### Cost Include

- Arrival and Departure arrangements
- 2 night's accommodation in Kathmandu in 3/4 star standard hotel on twin sharing room with meals.
- 1 Night accommodation in Nepalgunj at 3 Star category Hotel
- Half day guided tour in Kathmandu valley as per mentioned in itinerary
- 10 night's accommodations in Tibet on group sharing basis using guest house / Hotel.
- Freshly cooked vegetarian meals 3 times a day.
- Supporting Nepali crew including our own cooks.
- Permits for Manasarovar and Kailash Kora (round).
- Tibet Tourism Board (TTB) approved Tibetan guide.
- Private transportation in Van/Bus in entire trip
- Kailash Permit, Tibet (Chinese) visa fee
- Camping equipment for kitchen, Shower
- Sleeping bag / Down Jacket if needed on Returnable basis.
- Duffle bag (big bag for keeping personal clothes and equipments) & day carry hand bag
- Experienced tour leader / co-coordinator with each group
- ENOUGH Oxygen cylinder entire of tour
- Yaks and Yak-men to carry baggage, food, fuel etc while making Kailash outer kora
- Leading guide and other team members during Kailash Inner Kora
- Emergency evacuation management

### Cost Exclude

- Personal Horse/ Pony Charges for Kailash outer and Inner Kora
- Personal expenses like shopping, phone calls, extra drinks, laundry, yak etc.
- Any additional expenses caused by reasons beyond our control such as natural calamities, flight delays, rescheduling or cancellations, accidents etc.
- Tips to drivers, hotel staff.
- Extra cost of transportation, Portage etc involved due to landslides, snowfall.
- Trip cancellation charge due to Tibet government rules and other which are not in our Hand.
- Air ticket from your Home – Kathmandu – Home
- Services other than specified
- Extra days stay at Kathmandu than 3 nights/ any other place due to any reason

**Bangalore address:- No.7, 1st Floor, Near IOC Petrol Bunk H.D.Devagowda Main Road, RT Nagar, Bengaluru, 560032 , Email us @ [info@ravelroads.com](mailto:info@ravelroads.com), Ph- +919980011777/ 94828 66922**

**Chennai address:- No.1, 6<sup>th</sup> Avenue, Behind Canara Bank, Ashok Nagar Chennai - 600083. Email us @ [chennai@ravelroads.com](mailto:chennai@ravelroads.com) +91-9176753213 / 9445588005**

### Usefull Info

- Do not bring any books, magazine, pictures about Tibet, Buddhism or about any Lama's. Custom of China won't allow entering with those kinds materials.
- Fresh vegetables, fresh fruits, liquids like Ghee, Oils are not allow entering from Chinese custom at Kodari.
- Do not take any pictures and videos in Chinese customs, Army and police station
- Make quei in every customs and in checking post as per your visa list number (your guide will give you instruction from first day)
- Take cooperative position from every Nepali and Tibetan staffs and in Immigration sites
- Do not forse going forward yourself, if you feel hard, stop and take help from our team. Listen our guide and take decision

**Bangalore address:- No.7, 1st Floor, Near IOC Petrol Bunk H.D.Devagowda Main Road, RT Nagar, Bengaluru, 560032 , Email us @ [info@ravelroads.com](mailto:info@ravelroads.com), Ph- +919980011777/ 94828 66922**

**Chennai address:- No.1, 6<sup>th</sup> Avenue, Behind Canara Bank, Ashok Nagar Chennai - 600083. Email us @ [chennai@ravelroads.com](mailto:chennai@ravelroads.com) +91-9176753213 / 9445588005**